

Fear App: Learning To Live Without Fear

*"There's An App For That", Part 1 of 5
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*"But now, this is what the Lord says... 'Fear not!'"
(Isaiah 43:1a, NIV)*

I) THE THINGS WE FEAR THE MOST IN LIFE

1) Fear of ____ THE FUTURE ____.

"Do not be afraid or discouraged [about the future]." (Joshua 1:9b, NLT)

2) Fear of ____ PEOPLE ____.

"Who are you that you fear mortal men.. who are but grass?" (Isaiah 51:12b, NIV)

3) Fear of ____ FAILURE ____.

"[Adam] answered God, 'I heard you in the garden, and I was afraid because I was naked; so I hid.'" (Genesis 3:10, NIV)

4) Fear of ____ THE WORST ____.

[Job]: "Cursed be the day of my birth... What I always feared has happened to me." (Job 3:3a, 25a, NLT)

5) Fear of ____ DEATH ____.

"The last enemy to be destroyed is death... Let us eat and drink, for tomorrow we die." (1 Corinthians 15:26 & 32b, NIV)

II) THE THING FEAR WILL DO TO OUR LIVES

***Fear is fueled by ____ FAULTERING FAITH ____.**

III) LEARNING HOW TO LIVE WITHOUT FEAR

1) Recognize ____ GOD DOES NOT WANT US TO BE AFRAID ____.

"For God did not give us a spirit of fear and timidity, but of power, love, and self-discipline." (2 Timothy 1:7, NIV)

2) Respond ____ TO PEOPLE AND LIFE WITH FAITH IN GOD ____.

"I, even I, am He who comforts you. Who are you that you fear mortal men.. who are but grass, that you forget the Lord your Maker, who stretched out the heavens and laid the foundations of the earth, that you live in constant terror?" (Isaiah 51:12-13, NIV)

"The fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe." (Proverbs 29:25, NIV)

3) Replace ____ FEAR IN LIFE WITH LOVE FROM THE LORD ____.

"And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in him. In this way, love is made complete among us so that we will have confidence on the day of judgment, because in this world we are like him. There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love." (1 John 4:16-18, NIV)

4) Reverence ____ GOD BY FEARING HIM AND HIS WAYS ____.

"Fear of the Lord gives life, security, and protection from harm." (Proverbs 19:23, NLT)

"The Lord is my light and my salvation— so why should I be afraid? The Lord protects me from danger— so why should I tremble?" (Psalm 27:1, NLT)